

# Deepdene Court

A community based service, providing rehabilitative support for adults with severe and enduring mental health needs

# DeepdeneCare



Based in the seaside town of Littlehampton, West Sussex, Deepdene Court specialises in caring for individuals requiring ongoing assistance with essential living skills who may be at significant risk of self-neglect or exploitation.

# Deepdene Court

Deepdene Court is a specialised service for 34 adults experiencing severe and enduring mental health needs who currently need ongoing extensive support which may not be available in other environments. Centrally located in Littlehampton, West Sussex, Deepdene Court is ideally situated to take advantage of excellent local facilities and transport links as well as all of the attractions that this seaside town has to offer.

Deepdene Care, an established national mental healthcare provider, has operated Deepdene Court since its acquisition in 2006 and has made a significant investment in the service provision and infrastructure. With services operating throughout the UK, the group has developed strong and stable compliance, governance and central support frameworks which Deepdene Court benefits from.

Those living at Deepdene Court present with severe and enduring mental illnesses, challenging behaviour, and drug or alcohol dependency. We are well equipped to accommodate those who exhibit behaviours such as self-harm, individuals with a forensic history, or those with a dual diagnosis.

## Individual care

The safe and homely environment at Deepdene Court encourages residents to develop the skills and coping strategies needed to manage their conditions, ultimately leading to an improvement in their confidence and social interaction. Our excellent community links enable us to maximise opportunities for social inclusion and take advantage of activities offered in the area.

Residents at Deepdene Court are supported by a highly skilled multi-disciplinary team, consisting of an experienced home manager and a team of nurses, key workers, care support workers and activities staff who provide 24-hour support.

Our service delivery is based upon inclusion and the provision of person-centred care and sensitive treatment for individuals, following the principles of the recovery model. It is aimed at improving mental and physical health, reducing and eliminating inappropriate behaviour and risks and replacing them with appropriate patterns of coping, problem solving and improved personal and social skills



Residents are encouraged to focus on their recovery by working with us to develop individualised pathways of care that encourage positive risk taking and focus on individuals' strengths and aspirations, enabling them to take an active part in their care and rehabilitation program.

## Positive outcomes

Our residents are individuals in their own right with their own specific and often complex needs, and personalisation is a key element of our service. Our goal is to offer the range of support needed to enable the individual to work towards achieving the most positive outcome for them, whether a return to independent living and employment, or to a supported environment where they can access all the services the community has to offer.

## What we offer:

We offer people over the age of 18 years old a chance to live in a community and take control of their lives through intensive support from our team. We work on the recovery model of care through regular multiagency reviews, involvement of residents, carers and commissioners. The progress is measured through health and social care outcomes, which matter most to residents, carers and regulatory bodies.

## For our Residents:

- An opportunity to live in a homely environment and develop independence.
- Staff team who can understand your difficulties, work with you and incorporate your views and wishes when making decisions about you.
- To support you to achieve independence through education, vocational training and voluntary work experience placements.
- Sign posting to advocacy services that will support you to represent your views.
- Professionals who can provide information and support you to manage your mental health problems and difficulties.

## For Families:

- A staff team who you can trust and have regular contact with. Consistent group of professionals who are with you throughout the journey of your family member.
- Involvement in your family member's care and all views to be taken on board. Support to maintain and improve the relationship with your family member.
- To support you to understand your family member's difficulties and any treatment that they are receiving.
- Family/Carers are welcome to visit people at the home.
- Feedback questionnaires will be circulated in order to obtain the views from family members.

## For Commissioners:

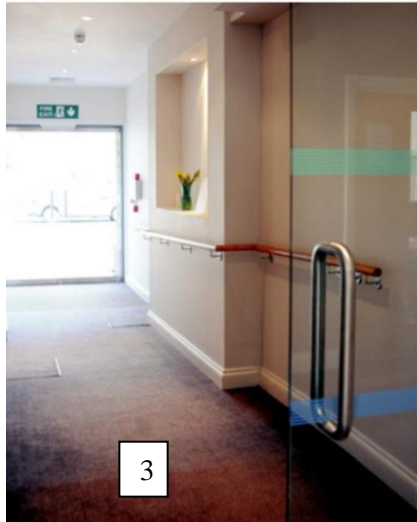
- Bespoke package of care to meet the individuals' complex mental health and social care needs.
- Consistency of care through in house mental health team.
- Experience and expertise of the Specialist Mental health team ensuring reduction in hospital admissions.
- Recovery and Quality assurance through outcomes.
- 24 hours mental health on call to provide crisis management.
- Qualified mental health nurses and staff on site.
- Value for money



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### Creating a relaxing and homely environment for residents at Fieldings.

1. Fieldings exterior
2. Points of Interest
3. Entrance
4. Bedroom
5. Kitchen

Visit us at [www.deepdenecare.org](http://www.deepdenecare.org)

### Creating a relaxing and homely environment for residents at St Catherine's.

6. St Catherine's exterior
7. Rear Garden
8. Bedroom
9. Lounge
10. Dining Room

# Referrals

At Deepdene Care we welcome referrals from all areas of mental health care and are committed to making this process as unobtrusive and stress free as possible.

The referral process is reactive and easy to use, with a direct line to our dedicated referral team.

Following a referral a senior member of our multi-disciplinary team will arrange to carry out a full assessment within 24 hours at a time and venue that best suits the individual's need.

After this assessment our multi-disciplinary team will review the case and if suitable a placement offer and full breakdown of costs will be sent to the referring agency within seven working days.

Once the placement is agreed we will work closely with the individual and their care team to ensure a smooth and successful transition.

If you would like to arrange an informal visit please contact us on our referral line:

**0800 313 4774**

[www.deepdenecare.org](http://www.deepdenecare.org)

Deepdene Care  
Deepdene Court  
2/5 St Catherine's Road  
Littlehampton  
West Sussex  
BN17 5HS

t: 01903 719187

e: [referrals@deepdenecare.com](mailto:referrals@deepdenecare.com)



## How to find Deepdene Court:

### Road:

St Catherine's is easily accessible by road and is three minutes by car from the A284 and Littlehampton High Street, just off the B1240. Parking is available.

### Public transport:

Bus routes 9 and 700 both stop close by and Littlehampton railway station is a 10 minute walk away.

# Deepdene Court Referral criteria

✓ ACCEPT	X DO NOT ACCEPT
<ul style="list-style-type: none"> <li>Residents with severe and enduring mental illnesses e.g. personality disorder, schizophrenia, bipolar etc who currently need ongoing extensive support</li> <li>Dual diagnosis</li> </ul>	<ul style="list-style-type: none"> <li>Individuals with no mental health conditions</li> </ul>
<ul style="list-style-type: none"> <li>Past offending behaviour</li> <li>Drug and alcohol misuse with a mental health diagnosis.</li> <li>Challenging behaviour</li> <li>Self-harm</li> </ul>	<ul style="list-style-type: none"> <li>Severe mobility issues. We have limited ground floor rooms.</li> <li>We cannot cater for residents <b>with severe physical health issues</b> e.g. severe difficulty walking, washing, requiring intense personal care etc - we focus on mental health support and recovery</li> </ul>
<ul style="list-style-type: none"> <li>Must be engaged with the mental health care team.</li> </ul>	<ul style="list-style-type: none"> <li>Children 0-17 years</li> </ul>
<ul style="list-style-type: none"> <li>Adults: age range 18 +</li> </ul>	
<ul style="list-style-type: none"> <li>Male and female residents</li> </ul>	
<ul style="list-style-type: none"> <li>Serious arson or sexual offences to be considered on a case by case bases</li> </ul>	
<ul style="list-style-type: none"> <li>Residents on CTO / DOLS and other orders/restrictions</li> </ul>	
<ul style="list-style-type: none"> <li>Requiring ONLY prompts or limited personal care e.g. changing pads/clothes/bedding for incontinent residents.</li> </ul>	
<ul style="list-style-type: none"> <li>Individuals requiring ongoing assistance with essential living skills that may be at significant risk of self-neglect or exploitation.</li> </ul>	

# Our other Care Homes' Referral Criteria

Norton Street- Manchester, M16 7GQ	Deepdene House- London, SW16 2EA	Prema Court- Manchester, M16 7NX	Woodtown House- Devon, EX39 4PP
<ul style="list-style-type: none"> <li>Stable mental health/substance misuse. We are a step-down facility from residential setting, so a level of independence is required for all residents.</li> <li>Due to service provided over several independent houses a constant staff monitoring is not available</li> </ul>	<ul style="list-style-type: none"> <li>Residents with severe and enduring mental illnesses e.g. personality disorder, schizophrenia, bipolar etc</li> <li>Dual diagnosis</li> </ul>	<ul style="list-style-type: none"> <li>Residents with severe and enduring mental illnesses e.g. personality disorder, schizophrenia, bipolar etc who currently need ongoing extensive support</li> <li>Dual diagnosis</li> </ul>	<ul style="list-style-type: none"> <li>Residents with severe and enduring mental illnesses e.g. personality disorder, schizophrenia, bipolar etc who currently need ongoing extensive support</li> <li>Dual diagnosis</li> </ul>
<ul style="list-style-type: none"> <li>Residents with severe and enduring mental illnesses e.g. personality disorder, schizophrenia, bipolar, dual diagnosis</li> <li>past offending behaviour</li> <li>drug and alcohol misuse (under control)</li> <li>Self-harm (under control)</li> <li>challenging behaviour (under control)</li> </ul>	<ul style="list-style-type: none"> <li>Past offending behaviour</li> <li>Drug and alcohol misuse</li> <li>Challenging behaviour</li> <li>Mild learning disability</li> <li>Early dementia care</li> <li>Self-harm</li> </ul>	<ul style="list-style-type: none"> <li>Past offending behaviour</li> <li>Drug and alcohol misuse with a mental health diagnosis.</li> <li>Challenging behaviour</li> <li>Self-harm</li> </ul>	<ul style="list-style-type: none"> <li>Past offending behaviour</li> <li>Drug and alcohol misuse with a mental health diagnosis.</li> <li>Challenging behaviour</li> <li>Self-harm</li> </ul>
<ul style="list-style-type: none"> <li>Must be engaged with mental health care team.</li> </ul>	<ul style="list-style-type: none"> <li>Must be engaged with the mental health care team.</li> </ul>	<ul style="list-style-type: none"> <li>Must be engaged with the mental health care team.</li> </ul>	<ul style="list-style-type: none"> <li>Must be engaged with the mental health care team.</li> </ul>
<ul style="list-style-type: none"> <li>Adults - age range 18 +</li> </ul>	<ul style="list-style-type: none"> <li>Adults: age range 18 +</li> </ul>	<ul style="list-style-type: none"> <li>Adults: age range 18 +</li> </ul>	<ul style="list-style-type: none"> <li>Adults: age range 18 +</li> </ul>
<ul style="list-style-type: none"> <li>Male and female residents</li> </ul>	<ul style="list-style-type: none"> <li>Male and female residents</li> </ul>	<ul style="list-style-type: none"> <li>Male and female residents</li> </ul>	<ul style="list-style-type: none"> <li>Male and female residents</li> </ul>
<ul style="list-style-type: none"> <li>Serious arson or sexual offences to be considered on a case by case bases</li> </ul>	<ul style="list-style-type: none"> <li>Serious arson or sexual offences to be considered on a case by case bases</li> </ul>	<ul style="list-style-type: none"> <li>Serious arson or sexual offences to be considered on a case by case bases</li> </ul>	<ul style="list-style-type: none"> <li>Serious arson or sexual offences to be considered on a case by case bases</li> </ul>
<ul style="list-style-type: none"> <li>No CTO/DoLS restrictions</li> </ul>	<ul style="list-style-type: none"> <li>Residents on CTO / DOLS and other orders/restrictions</li> </ul>	<ul style="list-style-type: none"> <li>Residents on CTO / DOLS and other orders/restrictions</li> </ul>	<ul style="list-style-type: none"> <li>Residents on CTO / DOLS and other orders/restrictions</li> </ul>
<ul style="list-style-type: none"> <li>Requiring ONLY prompts or limited personal care e.g. changing pads / clothes / bedding for incontinent residents.</li> </ul>	<ul style="list-style-type: none"> <li>Requiring ONLY prompts or limited personal care e.g. changing pads/clothes/bedding for incontinent residents.</li> </ul>	<ul style="list-style-type: none"> <li>Requiring ONLY prompts or limited personal care e.g. changing pads/clothes/bedding for incontinent residents.</li> </ul>	<ul style="list-style-type: none"> <li>Requiring ONLY prompts or limited personal care e.g. changing pads/clothes/bedding for incontinent residents.</li> </ul>
<ul style="list-style-type: none"> <li>Individuals requiring ongoing assistance with essential living skills who may be at significant risk of self-neglect or exploitation.</li> </ul>	<ul style="list-style-type: none"> <li>Individuals requiring ongoing assistance with essential living skills who may be at significant risk of self-neglect or exploitation.</li> </ul>	<ul style="list-style-type: none"> <li>Individuals requiring ongoing assistance with essential living skills who may be at significant risk of self-neglect or exploitation.</li> </ul>	<ul style="list-style-type: none"> <li>Individuals requiring ongoing assistance with essential living skills who may be at significant risk of self-neglect or exploitation.</li> </ul>
			<ul style="list-style-type: none"> <li>We are a rehab model that looks to help enable people to step down into the community and this will be our ongoing mission.</li> </ul>