

# Woodtown House

A specialist nurse-led service for adults with high and complex mental health needs

DeepdeneCare



Woodtown House is a unique service providing solutions for adults with a history of behaviours which often result in placement difficulties, successfully enabling the reintegration of service users into their local community.



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# Woodtown House

Woodtown House provides nursing care and rehabilitative support for 28 adults experiencing complex mental health needs, including those with forensic histories. Located in a pleasant and tranquil part of North Devon, it is within easy reach of both Bideford and Barnstaple, giving access to local amenities and excellent transport links.

Deepdene Care, an established national mental healthcare provider, has operated Woodtown House since its acquisition in 2006 and has made a significant investment in the service provision and infrastructure. With services operating throughout the UK, the group has developed strong and stable compliance, governance and central support frameworks which Woodtown House benefits from.

Those living at Woodtown House often exhibit high and complex mental health needs including severe and enduring mental illnesses, challenging behaviour, and drug or alcohol dependency. We are well equipped to accommodate those who exhibit behaviours such as self-harm, personality disorders, or those with a dual diagnosis.

## Individual care

Woodtown House provides an environment where our service users are able to recover away from the pressures of daily life. Rehabilitation focused care and support programs are tailored to take account of individual service users needs and always reflect individual choice. Our excellent community links enable us to maximise opportunities for social inclusion and take advantage of activities offered in the area.

24 hour support is provided by an experienced team including registered nurses, as well as highly experienced care support workers and activities staff.

Our service delivery is based upon inclusion and the provision of person centred care and sensitive treatment for individuals, following the principles of a recovery model. It is aimed at improving mental and physical health, reducing and eliminating inappropriate behaviour and risks and replacing them with appropriate patterns of coping, problem solving and improved personal and social skills.

Service users are encouraged to focus on their recovery by working with us to develop individualised pathways of care that encourage positive risk taking and focus on individuals' strengths and aspirations, enabling them to take an active part in their care and rehabilitation program.

## Positive outcomes

Our service users are individuals in their own right with their own specific and often complex needs, and personalisation is a key element of our service. Our goal is to offer the range of support needed to enable the individual to work towards achieving the most positive outcome for them, whether this is a return to independent living and employment, or to a supported environment where they can access all the services the community has to offer.

Woodtown house offers a fully equipped self contained flat which promotes this transition and provides service users with the opportunity to experience independent living within a familiar and supportive environment.

# Referrals

**At Deepdene Care we welcome referrals from all areas of mental health care and are committed to making this process as unintrusive and stress free as possible.**

The referral process is reactive and easy to use, with a direct line to our dedicated referral team.

Following a referral, a senior member of Deepdene Care will arrange to carry out a full assessment within 24 hours at a time and venue that best suits the individual's need.

After this assessment our multi-disciplinary team will review the case and if suitable, a placement offer and full breakdown of costs will be sent to the referring agency within seven working days.

Once the placement is agreed we will work closely with the individual and their care team to ensure a smooth and successful transition.

Referral line:  
**0800 313 4774**

visit us at [www.deepdenecare.org.uk](http://www.deepdenecare.org.uk)



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**Creating a relaxing and homely environment for service users.**

- 01. Woodtown House exterior
- 02. Dining room
- 03. Rear garden
- 04. Lounge
- 05. Bedroom
- 06. Bideford



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If you would like to arrange  
an informal visit please  
contact us on our referral line:

**0800 313 4774**

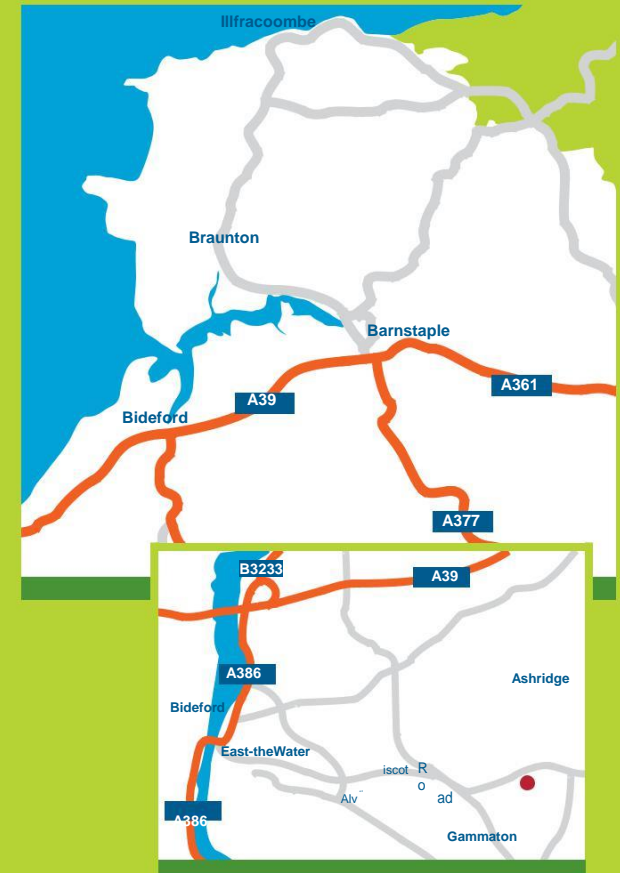
[www.deepdenecare.org.uk](http://www.deepdenecare.org.uk)

**DeepdeneCare**

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t: 01237 470889 f: 01237 472634

e: [woodtownhouse@deepdenecare.org](mailto:woodtownhouse@deepdenecare.org)



### How to find Woodtown House:

#### Road:

Woodtown House is located just outside Bideford. Leaving the A39 at the East-the-Water exit, follow the A386 and after approximately half a mile turn left onto Manteo Way, following signs to Alverdiscott. At the roundabout, take the first exit onto Alverdiscott Road and follow for one mile. Woodtown House is on the right hand side.

#### Public transport:

Bus services run from East-the-Water, a 20 minute walk from Woodtown.

Barnstaple railway station is a 20 minute drive away.