

Prema Court Brook House

A specialist nurse-led service for
adults with complex mental health needs

DeepdeneCare



A new and unique service in Old Trafford, providing support for adults with a history of behaviours which often result in placement difficulties, enabling the reintegration of service users into their local community.



01.

Prema Court- Brook House

Individual care

Brook House is a nurse led unit within Prema Court, which provides care and rehabilitative support for up to 12 adults experiencing complex mental health needs. Located in a pleasant residential area of Old Trafford, it is close to the city centre, has excellent transport links and good access to local amenities.

Deepdene Care, an established national mental healthcare provider, has operated Brook House since its acquisition in 2008 and has made a significant investment in the service provision and infrastructure. With services operating throughout the UK, the group has developed strong and stable compliance, governance and central support frameworks from which Brook House benefits.

Our service users have high and complex mental health needs including severe and enduring mental illnesses, challenging behaviour and drug or alcohol dependency. We are well equipped to accommodate those who exhibit behaviours such as self-harm, personality disorders, dual diagnosis or have a forensic history.

Brook House is ideally placed to work closely with the local community. Participation in community activities is actively encouraged through service user meetings and the provision of individually tailored care plans that are outcome based and address the practical, social and psychological needs of each person to enable them to live as independently as possible.

Positive outcomes

Brook House service users are supported by registered mental health nurses, experienced care support, recovery & activities workers.

Working to the principles of a recovery model, our service delivery is based upon inclusion and the provision of person centred care and sensitive treatment for individuals. It is aimed at improving mental health, reducing and eliminating inappropriate behaviour and risks and replacing them with appropriate patterns of coping, problem solving and improved personal and social skills.

We develop partnerships with each individual service user and focus on their recovery through the formulation of individualised pathways of care that focus on their strengths and aspirations, empowering each individual to engage in positive risk taking in their care and rehabilitation programme.

We recognise that each service user is an individual in their own right with their own specific and often complex needs. Our goal is to offer the range of support needed to enable each individual to work towards achieving the most positive outcome for them, whether this is a return to independent living and employment, or to a supported environment where they can access all the services the community has to offer.

Brook House is able to facilitate this progression with the provision of supported community housing that will enable individuals to continue their journey at a pace that is determined by them.



02.



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Creating a home – a relaxing and homely environment for service users.

- 01. Brook House exterior
- 02. Rear garden
- 03. Dining room
- 04. Conservatory and games room
- 05. Bedroom
- 06. Quiet seating area

Referrals

At Deepdene Care we welcome referrals from all areas of mental health care and are committed to making this process as unintrusive and stress free as possible.

The referral process is reactive and easy to use, with a direct line to our dedicated referral team.

Following a referral a senior member of our multi-disciplinary team will arrange to carry out a full assessment within 24 hours at a time and venue that best suits the individual's need.

After this assessment our multi-disciplinary team will review the case and if suitable a placement offer and full breakdown of costs will be sent to the referring agency within seven working days.

Once the placement is agreed we will work closely with the individual and their care team to ensure a smooth and successful transition.

**Referral line:
0800 313 4774**

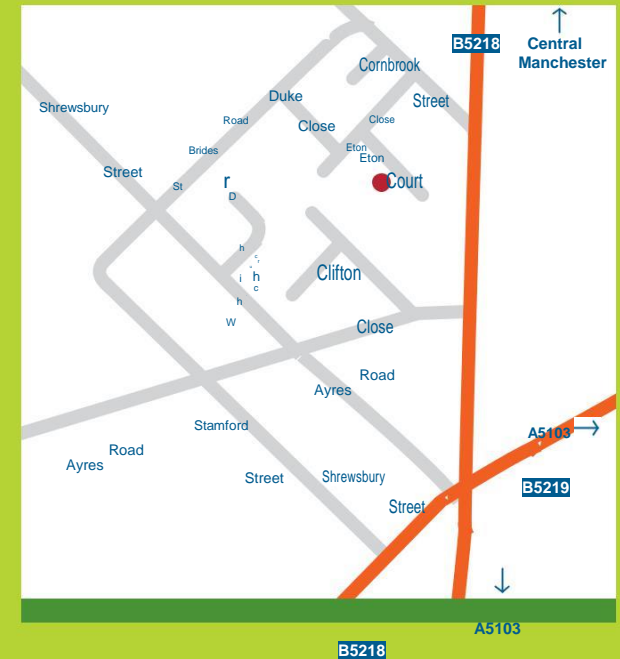
If you would like to arrange
an informal visit please
contact us on our referral line:
0800 313 4774

www.deepdenecare.org.uk

DeepdeneCare

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Old Trafford,
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M16 7NR

t: 0161 209 8138 f: 0161 227 9560
e: brookhouse@deepdenecare.org



How to find Prema Court- Brook House:

Road:

Brook House is easily accessible by road, and is just five minutes from junction 3 of the M56, via A5103 Princess Parkway. Parking is available.

Public transport:

Numerous bus routes stop a three minute walk away.

Piccadilly Train Station is 20 minutes away.

Brook House is a 15 minute taxi-ride from Manchester Airport.

Deepdene Care: 2 The Courtyard, 707 Warwick Road, Solihull, West Midlands, B91 3DA

t: 020 370 1222

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